

# Bruno Miguel Costa Heleno

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*WG Member*

Bruno Miguel Costa Heleno MD, PhD

Bruno Heleno is an Assistant Professor at NOVA Medical School and a general practitioner at ULS Santa Maria, Lisbon. As a researcher and teacher, he is interested in assessing the harms of screening and other preventive interventions, and in communicating trade-offs to patients and clinicians. In his clinical work, he often offers counselling to women about screening, including those facing barriers to access and those at risk of over screening.

He has authored several papers in the field of cancer screening. His research includes studies on overdiagnosis in breast and lung cancer screening, the psychosocial consequences of false-positive mammography, decision aids to support screening choices, and cervical cancer screening for hard-to-reach women. He also teaches evidence-based practice to students and residents and collaborates with the Portuguese Directorate-General of Health in the development of national clinical guidelines.